

Your Benefits at Intel

Here's what to prioritize!

Restricted Stock Units (RSUs)

Sell as soon as they vest:

- Avoid creating a concentrated stock position
- Use RSUs to then help cover daily living expenses
- Use your paycheck to fund tax-advantaged accounts (401(k), HSA, Mega Backdoor Roth)

Max-out Your 401(k)

The Federal limit* for employee contributions:

- \$20,500 if under 50 years old
- \$27,000 if 50 or older

Roth 401(k)

After-tax contributions to your Roth are never taxed again.

Traditional pre-tax 401(k)

Pre-tax contributions grow tax-deferred until withdrawn.

Get the Match

Intel will match 5% of your salary if you contribute at least that amount to your 401(k).



Fully Fund HSA

The Federal limit* for HSA contributions:

- \$3,650 Individual
- \$7,300 Family

Your contributions are tax deductible, and your money will grow tax-deferred. Your withdrawals are tax-free if used for qualified medical expenses. There's no penalty for non-medical withdrawals if you're 65 or older.

Mega Backdoor Roth

After you max out your pre-tax or Roth 401(k) contributions, you can contribute after-tax dollars and then convert those dollars to a Roth.* Limits apply.



Employee Stock Purchase Plan (ESPP)

Get a 15% discount on Intel stock.

- Money is deducted regularly from your paycheck and used towards the purchase of Intel shares.
- We encourage you to maximize your other tax-advantage benefits available to you before participating in ESPP.

BrokerageLink

Align your investing with your values. This option within your 401(k) allows you to create a sustainable portfolio while maintaining diversity. Additional costs apply.



Reach out with questions

We'd enjoy hearing from you!

Our team will partner with you to develop a plan, implement, and manage the process. We can help you make the most of your Intel benefits.

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*Information for 2022 tax year

